Report
Two day Workshop on salient features of POCSO Act / POCSO E-Box and sensitization through Emotional Intelligence
3-7 September, 2017

Jaipur and Udaipur, Rajasthan

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## 1. Introduction

### Background

Child Sexual Abuse is a form of child abuse that includes sexual activity with a minor. Child sexual abuse could either be in the form of a physical or a non-physical contact between an abuser and a child, which is the victim of such abuse. When a child encounters such an abuse, it could have a lasting effect on the child/victim, for years together or even for life. Sexual abuse can happen to children of any race, colour, socio-economic group, religion or culture. There is no definite and defined way to prevent such abuse, but, there are certainly steps that can be followed and taken to reduce or minimise such risks.

Sexual Violence can have serious consequences for not only children, but their families too. This can be in the form of an unwanted pregnancy, illness, psychological distress, stigma and discrimination at school.

Children constitute around thirty nine percent of India’s and about 19 percent of the world’s population. Sexual abuse of children has become a subject of great concern and cuts across all economic background. Even boys face sexual abuse but even here, a large number of cases go unreported due to social stigma.

Children are often hesitant to complain about such abuse because most of the times they are not believed upon and also due to the fact that they are made to feel that they have committed a mistake and are likely to be punished further. Also, in some cases, the children take a liking for the abuser and in other cases; they would like to protect a non-abusive parent by not upsetting them or hurting them.

National crime Records Bureau (NCRB) shows the increasing trend of rape incidences against children during 2012 to 2014. Total 12363 cases of child rape were reported during 2013 as compared to 8541 in 2012 accounting for an increase of 44 per cent. It further increased by 11.3 per
cent in 2014 and rose to 13766 cases. Total 8541 cases were reported in 2012 whereas the figure of such offences increased up to 13766 in the year 2014.

Outline

Child sexual abuse is a hugely growing concern and to fight CSA, it is important that we all take responsibility in our own different ways to combat this menace. The country is experiencing frequent incidences of violence against children. Many of them happen in schools where children stay for long hours. In some incidences children are themselves perpetrators and at times they are victimized by the people of their own surroundings. Teaching children to understand the special provisions of legislation and helping them to stand up for their own safety is important. Such workshops would also facilitate teachers/parents in creating an atmosphere of caring, safety and commitment towards their own role.

Objectives of the Workshop:

- Encourage the participants to express themselves and self realization
- Enhance the knowledge of the participants on salient features of POCSO Act
- Awareness on Sexual abuse and POCSO E –Box
2. Summary of the Workshop

2.1 Inaugural Session (3-4 September 2017, Jaipur)

The workshop was held in a hall of Vivekananda Global University, Jaipur on 3-4 September 2017. The two day workshop was attended by a total number of six hundred and twenty three (623) participants along with other officials. The session was chaired by Shri Jassaram Chowdhary, Additional Commissioner, Rajasthan Education Department, who was also the Chief Guest for the day. Shri Punia, Vice Chancellor, Vivekananda Global University and Shri. Mukesh Sharma, Deputy Director Education and District education Officer, Jaipur were also present on the dais.

At the start of the session Ms Himani, Expert, NCPCR conveyed the importance of understanding POCSO Act and briefed the participants on the purpose of the workshop.

Shri Punia, VC, VGU said that teachers should understand how a good administrator can play an important role in helping to curb sexual violence amongst children.

Shri Mukesh highlighted that how it is very important for teachers to take responsibility in ensuring that the sex offenders get punished.

Shri Jassaram stressed on the kind of pressures that children face on the academic front and as to how still the parents decide on the future of their
children including their educational choices. He also urged the teachers to understand their roles in the lives of children.

Ms Meenu Mehta thanked the SCPCR, State Education department and participants for their support and cooperation for organizing the workshop.

2.2 Participants (Day 1)

Since it was decided by the NCPCR to use Emotional Quotient/Intelligence to sensitize the participants on salient features of the POCSO Act, the participants cum beneficiaries of this programme were very clearly shortlisted as school teachers and students.

The workshop was conducted for teachers on the first day. A total three hundred and seventy three (373) teachers from both Government as well as private schools.

2.3 Pre Assessment

The Pre-assessment is primarily to understand first hand the knowledge levels of the participants on the topic of the workshop. This is required to enhance the mental preparation and use that to download the content and message of the workshop in the most effective manner to all the participants.

- The workshop started with the participants being quizzed on various questions on POCSO and Emotional Intelligence. Active participation from the teachers here built up the platform for the session to begin. Attempts were made to answer the questions.
EQ was relatively a new subject to almost everyone while a few of the participants had heard about POCSO. There was more activity from the younger generation of teachers than from those above forty five and above in age.

2.4 Workshop Session

After pre-assessment and once the tone for the actual workshop was set, the experts began by asking the participants as to how many of them had good control on their emotions. Barely a few hands went up and this was the right opportunity to introduce EQ in full to the participants.

The teachers were explained the benefits of EQ and as to how it can make a difference in their lives. Also, they were explained in detail as to what role do teachers play in shaping children’s lives. The concept of EQ was explained in great detail with examples and stories to ensure that the participants understood every single word being said with total clarity.

The teachers were also told why they must learn to accept hundred percent responsibility in life for all their actions, especially since they deal with children.

Stories filled with emotions that would make them understand children better were narrated very effectively by the expert Shri Manish Gupta. Many of the teachers got emotional and later on confessed that it helped them to realise many mistakes they were making, but not intentionally.
This was good to hear because this self realisation was a huge part of the workshop.

After this, the POCSO Act and its certain provisions were explained in detail. The participants asked many questions and again most of it was related to understanding as to how complaints can be made in child abuse cases. Experts narrated real incidents and explained how they were handled. All this gave the participants more confidence in understanding and also in ensuring that they too can help in preventing child sexual abuse.

On POCSO and also many doubts which arose during the session were clarified. All the necessary acts of POCSO were explained to the satisfaction of the participants and information on the POCSO/E-BOX too was given to them. The participants were urged by the entire workshop team to take responsibility to ensure that child sexual abuse in their respective schools should never happen and also as to how they can use their knowledge skills on POCSO and POCSO/E-BOX, to contribute to society and ensure that they keep their eyes and ears open to try and ensure that child sexual abuse is prevented in any and every way possible.

There was also very active participation and support from the SCPCR and the District Education Department on both these days. The SCPCR representatives also spoke to the participants regarding POCSO and shared their knowledge as well as gave very valuable tips on how to protect children from Sexual Violence.
2.5 Participants (Day 2)

The workshop was conducted for students of 11th and 12th standard on the second day. A total number of two hundred and fifty (250) students from both Government as well as private schools.

2.6 Pre Assessment

- The students were quizzed too on EQ and POCSO to understand how many from the audience had heard about these subjects. While many students were aware of Child abuse, they confessed they had not heard about POCSO.
- It was observed that most of the participants were unaware of the concept of Emotional Intelligence. However, the enthusiasm levels were good and which became a very positive factor in ensuring that the purpose of the workshop would be met successfully.

2.7 Workshop Session

The students were very clearly spoken to about the purpose of the workshop. They were told that the workshop can help them to bring about a very positive change in their lives and especially help them to correct their mistakes through a path of self realization.

- Emotional Quotient/ Intelligence was introduced to the children by asking them very basic questions on themselves and about their academics. They were spoken to about the sacrifices made by their parents in life and that hardships were a part and parcel of life that could ensure success, if handled properly.
The students were told a few emotional stories through which they were able to understand the emotions of their parents and their expectations too. The stories moved the children and many of them became emotional. The facilitator dwaned on the fact that their own happiness and their success depended upon the fact that they must learn to handle their emotions effectively.

After this, they were explained how they are responsible for all their actions and inactions in life. They were then introduced to the POCSO Act and its salient features. The students were told about the POCSO/E-BOX as well and the child helpline number 1098.

Ms. Manan Chaturvedi, Chairperson, Rajasthan SCPCR has also interacted with children during the session.

All the experts ensured that the children leave the venue with all the necessary knowledge on child sexual abuse and how they can protect themselves and others too from sexual predators and also with a promise from them that each student would take the responsibility of sharing this new information on POCSO with at least five people.

This was quite interactive and the students showed a lot of enthusiasm and actively participated by asking questions on POCSO time and again. They were keen on knowing how reporting can be done in such cases. There were a lot of girl children who were very active in participation and asked many questions.
2.8 Inaugural Session (6-7 September 2017, Udaipur)

The second workshop was held in DIET hall, Udaipur on 6& 7 September, 2017. The two day workshop was attended by a total number of five hundred twenty five (525) participants including twenty three officials. The inaugural session was chaired by Shri. Umashankar Sharma, Vice Chancellor of MPUAT University. Shri P. Paliwal, Dean of the law college, Smt. Sushilaji Nagori, Principal, DIET, Prof. Gayathri Tiwari, Home Science college and Deputy District Education Officer were also present on the dias.

Ms Himani conveyed the importance of the workshop and of the POCSO Act.

Shri Paliwal highlighted the importance of educationists to understand their roles and responsibilities in ensuring the children get good character education.

Prof. Gayathri Tiwari enlightened the crowd on the concept of Emotional Intelligence and stressed that it is very important for every teacher to understand Emotional Intelligence and work with children based on those learning, as, it will help them to understand children as well as the society in a better manner.

Smt. Sushilaji Nagori, addressed the participants on role of teachers in guiding children towards overall progress in life.

The Chief Guest, Shri. Umashankar Sharma shared his views that how teenagers lose direction and focus very easily and also get distracted.
highly due to social media. He stressed on the fact that parents and family can play a very important role in guiding children towards the right path.

Ms Meenu thanked all the participants and State Department for the support and cooperation.

2.9 Participants (Day 1)

The workshop at Udaipur was attended by teachers from mostly government schools and very few teachers from the private schools were there in the group. A total number of two hundred one (201) teachers have attended the session.

2.10 Pre Assessment

The Pre-assessment was done to understand the knowledge levels of the participants on the topic of the workshop. The participants were mostly from the government sector and participation from them seemed to be challenging.

Initial probing from Shri. Manish Gupta, Expert was started to assess the knowledge levels on the subjects of EQ and POCSO, and witnessed very less participation. It took longer than usual to complete the pre-assessment because of low energy of the participants.

2.11 Workshop Session

The participants were mostly teachers from the Government schools and hardly any from private schools. Also, most of them were elderly and this was beginning to prove to be a challenge right from the start as the
participants were not too keen on being interactive.

It needed constant pushing and prodding from the experts to get the participants to respond and also interact. They were conveyed about the Emotional Intelligence. Stories were narrated to make them understand the concept with examples. After this, it was connected with their responsibility as person of trust for children with the POCSO Act, and it’s salient features.

Salient features of the POCSO Act/POCSO E-BOX and the child helpline number was discussed too. The participants were very strongly urged by the team of experts to ensure to take moral responsibility to fight CSA not only in their schools, but in society as well.

2.12 Participants (Day 2)

The workshop was attended by students of 11th and 12th standard. A total number of three hundred one (301) Children from mostly government schools including boys and girls have participated in the workshop.

2.13 Pre-Assesment

The initial enthusiasm shown by the female students was encouraging. The boys were quite hesitant to open up or even participate actively. The students were in good numbers and hence a lot of discussions came out of it.
### 2.14 Workshop session

The students, especially the girls, were enthusiastic and were showed their willingness to participate and also quickly try and be a part of the workshop’s purpose.

They were eager to know about the sexual abuse and POCSO Act. They were with an attitude of their own and refused to open up even after being pushed to do so. A few stories were narrated, emotional stories that highlighted parents sacrifices moved the students. The workshop moved into its other important phase, the POCSO Act and its salient features.

The children were quick to understand and also asked questions. They were told about the POCSO/E-Box and the child helpline number, 1098.

The students left the venue energised, more happy and with more confidence about themselves and about working together to fight child sexual abuse.

It was another extremely successful session and the response was very positive and encouraging.
3. Outcome of the Workshop

To understand with clarity about the effectiveness of the workshop and to get first hand information regarding the usefulness of the workshop, all participants was engaged in an exercise where they were asked to pen down their opinion as well as answer certain questions that they were asked through a bilingual feedback form. It is imperative that the outcome of the workshop be known in whether the purpose has been achieved or not.

3.1 Response of a total 373 teachers for the workshop held in Jaipur

Fig 1. shows that with such a good number of teachers participating in the workshop it was very heartening to note that while 90.9 per cent of the teachers found it very useful, just 7.3 per cent of them found it somewhat useful. A very tiny section of the crowd at 1.8 per cent, found it to be not useful to them.

Similarly, a good 90.6 per cent of the teachers found it to be very useful in terms of understanding children better whereas just 7.7 per cent of the
participant found it to be somewhat useful and only about 1.7 per cent of the teachers felt it was not useful.

Fig 2. Shows that a very overwhelming percentage of 99.7 percent of the participants/teachers found that the workshop helped them to enhance their knowledge on the salient features of the POCSO Act and that also such workshops should be conducted regularly. This clearly illustrates the effectiveness in achieving the purpose.

3.2 Response of a total 250 students for the workshop held in Jaipur

Fig 3. indicates that a majority of students at 95.5 per cent felt that the workshop was very useful to them as a student while only a small section at 4.5 per cent, felt it to be somewhat useful. None of them has responded that it was not useful.
Fig 4 clearly indicates a good response from the participants. While all of them 100 per cent felt that it has changed their thought process in some way or the other, 99.7 per cent of them felt that such workshops should be conducted regularly.

A similar number of 99.7 per cent also felt that the workshop has helped them to enhance their knowledge on the salient features of the POCSO Act and 99 percent of the students reacted very positively by saying that such workshops will help in self realization.
In Fig 5 as the graph above shows, a good 50.2 per cent of the students have voted the workshop to be Excellent and 48.2 per cent have rated it to be very good.

3.3 Response of a total 201 teachers for the workshop held in Udaipur

In Fig 6. While 88.6 per cent of the teachers in Udaipur found the workshop to be very useful, 11.4 per cent of them found it to be somewhat useful.

In terms of understanding issues of children, 85.1 per cent said that it was very useful whereas 14.9 per cent said it was somewhat useful. None of them has responded that it was not useful.
Fig 7 shows that the 100 per cent of the participants felt that the workshop has enhanced their knowledge on the POCSO Act and also agreed that such workshops should be conducted on a regular basis. This shows the effectiveness of the workshop.

3.4 Response of total 301 students for the workshop held in Udaipur

Fig 8 indicates that a majority of 97.3 per cent students felt that this workshop was very useful to them as a student, while only 2.7 per cent felt it to be somewhat useful.

Fig 9 illustrates that all the students, the entire 100 per cent, have voted positively in all the parameters of the workshop.
Fig 10 shows that a good number of students at 50.2% rated this to be an excellent workshop while 45.6% rated it to be very good.

3.5 Observations

The above statistics are able to provide us with a very clear picture as to how such workshops can impact the minds of people, especially Students and Teachers, who form a very large part of any society and community on the whole.

It was observed during the workshops that-

- All participants by and large felt that this was a great initiative to learn cum enhance their knowledge on the POCSO Act and that
they can utilize these learnings to safeguard children and spread awareness too.

- The willingness to participate and learn through such workshops was very high.
- This method or way of spreading awareness to both, teachers as well as the students is reliable and easily accepted.
- These kind of workshops opens up areas for positive discussions along with the learning sessions for the participants.
- These kind of workshops is a great tool to enhance the social and emotional skills of teachers to help them elevate themselves as teachers and as human beings too.
- The participants very strongly feel that regular workshops of this kind will certainly help them to become more responsible in life as well as gain knowledge on topics that they are introduced to.
- It has also been observed through the written feedback received from the participants that such workshops must be conducted in all schools across each state and that it is a great way of spreading awareness on POCSO and also in making them more socially and morally responsible.

3.6 Recommendations

After reading through the data which was obtained on the basis of a workshop post assessment form, written and submitted by every single participant at the end of their respective workshops, it is heartening to see that the outcome was hugely positive, encouraging and a very good learning experience for the team of NCPCR and experts of Buddh World too.
Based on the overwhelming positive feedback received from the participants, the following recommendations can make a topic of serious discussion in the future, to make way for more such programmes in various other parts of the country.

Major recommendations are,

- Such workshops should be a part of the curriculum in schools as this will certainly help both students and teachers to evolve as better human beings.
- These workshops be made a continuous process and not yearly once. Such workshops like these should be held at least once a month to ensure the efficiency of the purpose created.
- With the written feedback received from School Teachers/Educationists/Principals, it is very clear that such workshops should be conducted all over the country and not be limited to just a few states and the same has been emphasised by many as their feedback.
- Since this learning experience has been rated very highly by most of the participants, it is a clear indicator that these workshops have been successful in terms of the purpose they were meant to achieve and therefore this method of combining Emotional Quotient to make people of the society responsible to achieve such purposes like spreading awareness of the POCSO Act, can and must be continued in future.
Feed Back of Students

Jaipur students

6. Your overall feedback on today’s workshop

The workshop was very useful for... read... student. This workshop changed my thought... process, in... anxiety everyday. It enhanced... my knowledge on... relevant features of... act...
Feed Back of Teachers

6. Your overall feedback on today's workshop:

It was an overall developing and promising session. It should be conducted on school level regularly to ensure that teachers should be trained and well-versed with practical aspects.

POCO (Jul) 2012

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6. Workshop has motivated me for positive thought and encourages every student. This type of workshop should be organized every month so that every teacher has positive attitude towards students.

[Signature]

6. We deeply appreciate the workshop conducted by you. We feel that it has been a very fruitful and informative experience for us. We hope that such workshops will be conducted regularly.

[Signature]

National Commission for Protection of Child Rights
## Programme Schedule

### Day 1

<table>
<thead>
<tr>
<th>Morning Session</th>
<th>For the hundred (100) teachers of at least four Schools</th>
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<tbody>
<tr>
<td>9.30 AM</td>
<td>Felicitation and presentation of bouquets to dignitaries on the dais and lighting of Lamp</td>
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<tr>
<td>9.45 AM</td>
<td>Welcome address by Chairperson SCPCR</td>
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<tr>
<td>10.00 AM</td>
<td>Address by Member, NCPCR</td>
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<tr>
<td>10.15 AM</td>
<td>Speech by DEO/DM</td>
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<tr>
<td>10.30 AM</td>
<td>Brief introduction of the Concept by Shri. Manish Gupta</td>
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<td>10.45 AM</td>
<td>Vote of Thanks</td>
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<tr>
<td>11.00 AM</td>
<td>Tea break</td>
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<tr>
<td>11.15 AM</td>
<td>Ice – Breaking Activity</td>
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<tr>
<td>11.30 PM</td>
<td>Pre assessment / Communication on EQ</td>
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<tr>
<td>12.45 PM</td>
<td>Information on POCSO / E-Box</td>
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<td>1.00 PM</td>
<td>Feedback</td>
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<tr>
<th>Afternoon Session</th>
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<tr>
<td>1.30 PM</td>
<td>Brief introduction on Agenda</td>
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<td>1.45 PM</td>
<td>Ice – Breaking Activity</td>
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<tr>
<td>2.00 PM</td>
<td>Pre assessment / Communication on EQ</td>
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<td>3.15 PM</td>
<td>Tea break</td>
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<tr>
<td>3.30 PM</td>
<td>Information on POCSO / E-Box</td>
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<td>4.00 PM</td>
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Day 2
Students of 11\textsuperscript{th} and 12\textsuperscript{th} standard only

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Annexure II

Teachers Workshop Evaluation

Name : ………………..    Designation: …………………….

School Name: ………………………..                         Date :     ………………..

1. The workshop was useful for me as a teacher / educator.
   Very Useful           Somewhat useful                 Not useful

2. The workshop was useful in understanding the issues of children.
   Very Useful           Somewhat useful                 Not useful

3. Has it enhanced your knowledge on salient features of POCSO Act.
   Yes            No

4. Your new learnings from this workshop?
   …………………………………………………………………………………………..

5. Do you think that such workshops should be conducted on a regular basis?
   Yes            No

6. Your overall feedback on today’s workshop
   …………………………………………………………………………………………..
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Signature
Student Workshop Evaluation

Name : ………………..    Date :     ………………..

School Name: ………………………..

1. The workshop was useful for me as a student.
   Very Useful           Somewhat useful                 Not useful

2. Has the workshop changed your thought process in anyway?
   Yes             No

3. Do you think regular workshop of this kind will help you in self realization?
   Yes             No

4. Has it enhanced your knowledge on salient features of POCSO Act.
   Yes             No

5. How will you rate this workshop?
   Excellent                 Very good                       Good                  Average

6. Your overall feedback on today’s workshop
   ……………………………………………………………………………………………
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