Report
Two day Workshop on salient features of POCSO Act / POCSO E-Box and sensitization through Emotional Intelligence
22-25 August, 2017

Durg and Raipur, Chhattisgarh

Guidance and Supervision: Shri. Yashwant Jain

National Commission for Protection of Child Rights, 36, Janpath, New Delhi 11001
1. Introduction

Background

Child Sexual Abuse is a form of child abuse that includes sexual activity with a minor. Child sexual abuse could either be in the form of a physical or a non-physical contact between an abuser and a child, which is the victim of such abuse. When a child encounters such an abuse, it could have a lasting effect on the child/victim, for years together or even for life. Sexual abuse can happen to children of any race, colour, socio-economic group, religion or culture. There is no definite and defined way to prevent such abuse, but, there are certainly steps that can be followed and taken to reduce or minimise such risks.

Sexual Violence can have serious consequences for not only children, but their families too. This can be in the form of an unwanted pregnancy, illness, psychological distress, stigma and discrimination at school.

Children constitute around thirty nine percent of India’s and about nineteen percent of the world’s population. Sexual abuse of children has become a subject of great concern and cuts across all economic background. Even boys face sexual abuse but even here, a large number of cases go unreported due to social stigma.

Children are often hesitant to complain about such abuse because most of the times they are not believed upon and also due to the fact that they are made to feel that they have committed a mistake and are likely to be punished further. Also, in some cases, the children take a liking for the abuser and in other cases, they would like to protect a non-abusive parent by not upsetting them or hurting them.

National crime Records Bureau (NCRB) shows the increasing trend of rape incidences against children during 2012 to 2014. Total 2363 cases of child rape were reported during 2013 as compared to 8541 in 2012 accounting for an increase of 44 per cent. It further increased by 11.3 per
cent in 2014 and rose to 13766 cases. Total 8541 cases were reported in 2012 whereas the figure of such offences increased up to 13766 in the year 2014.

Outline

Child sexual abuse is a hugely growing concern and to fight CSA, it is important that we all take responsibility in our own different ways to combat this menace. The country is experiencing frequent incidences of violence against children. Many of them happen in schools where children stay for long hours. In some incidences children are themselves perpetrators and at times they are victimized by the people of their own surroundings. Teaching children to understand the special provisions of legislation and helping them to stand up for their own safety is important. Such workshops would also facilitate teachers/parents in creating an atmosphere of caring, safety and commitment towards their own role.

Objectives of the Workshop:

- Encourage the participants to express themselves and self realization.
- Enhance the knowledge of the participants on salient features of POCSO Act.
- Awareness on Sexual abuse and POCSO E–Box.
2. Summary of the Workshop

2.1 Inaugural Session (22 and 23 August 2017, Durg)

The first session of the two day workshop on the salient features of POCSO and the sensitization of teachers and students through emotional intelligence, was held in SNG School, Durg, Chhattisgarh on 22 and 23 August 2017. The two day workshop was attended by a total number of five seventy nine participants (579) along with other officials. Shri P Khute, CEO, Zila Parishad was present as chief guest and Shri Yaswant Jain, Member, NCPCR has chaired the session. Shri Nandlal Chaudhary, Member Secretary, Chattisgarh SCPCR, Shri Amit Dave, official of education department and Principal of SNG school were also present during the session.

Ms. Himani, Expert, NCPCR has welcomed the dignitaries and the participants. Shri Nandlal Chaudhary, Member Secretary, Chattisgarh SCPCR, highlighted that even male children in India are abused just as much as the female children. He also spoke on the importance of POCSO/E-BOX and asked participants to visit their website and understand how the reporting can be done online through ‘MeriAwaaz’ on the website.
Shri Yashwant Jain, Member, NCPCR in his address to the audience, very strongly urged them to take responsibility as teachers and as part of the society in fighting Child Sex Abuse. He spoke at length on the importance of understanding the POCSO Act on a broader perspective.

He particularly stressed on Section 19 of the POCSO Act, where a person is legally bound to reporting an offence that one gets to know about and also gave very apt examples for the audience to understand the same with great ease.

Shri. Kuteji, CEO, Zila Parishad asked the audience to take up responsibility in every way in fighting CSA and said that this was a war for the entire society to indulge in and fight to protect the children from such shameful acts.

Ms Meenu Mehta thanked the dignitaries on the chair, education department and participants for overall support.

2.2 Participants (Day 1)

Since it was decided by the NCPCR to use Emotional Quotient Intelligence to sensitize participants on salient features of the POCSO Act, the Participants cum beneficiaries of this programme were very clearly shortlisted as school teachers and students.

The workshop was conducted for teachers on the first day. A total number of two hundred ninety three (293) teachers from both Government as well as private schools.

2.3 Pre Assessment
The Pre-assessment is primarily to understand first hand the knowledge levels of the participants on the topic of the workshop. This is required to enhance the mental preparation and use that to download the content and message of the workshop in the most effective manner to all the participants.

Participants attempted questions on emotional intelligence, whereas very few of them were aware of POCSO Act.

2.4 Workshop Session

After the pre-assessment was over, the session began with the participants being introduced to Emotional Intelligence. The definition of EQ was explained since it was necessary for the audience to understand it with utmost clarity. The fact that this was well received was understood by the extremely interactive session of the audience.

Many questions were asked and the session turned out to be extremely positive in terms of understanding and self realization in terms of accepting and showing responsibility in full towards fighting the menace of sexual violence amongst children.

There were several short stories filled with emotions which were told to shake up the participants. The POCSO Act and its certain laws were explained by the experts. The participants were quizzed in detail by
experts of the Commission and Buddhi World, on POCSO and also many doubts which arose during the session were clarified. The team highlighted the salient features of POCSO Act, POCSO E-BOX.

The participants also left promising that they would download the knowledge acquired regarding POCSO to their friends, neighbours and family as well. They were also told about the child helpline number, 1098.

Overall, it was an extremely satisfying end of the day for the team and more importantly, for the participants, who were extremely pleased to be here for this workshop. The general feedback was that the participants felt more energetic and happy and more confident in ensuring that they will be able to protect children from the sexual predators in society.

2.5 Participants (Day 2)

The workshop was conducted for students of 11th and 12th standard on the second day. A total number of two hundred eighty six (286) students from both Government as well as private schools.

2.6 Pre Assessment

The students were asked to share their knowledge on Emotional Intelligence and POCSO. Almost all of them had to admit that both were very new concepts to them. Very few of them had heard about POCSO. The Emotional Intelligence and POCSO both were totally new to them.
2.7 Workshop Session

The students were welcomed with a few questions on their studies and self. The questions were all charted in such a way that would interest them from the first minute of the session and will get them thinking.

A lot of interaction happened and this was because the participants were asked questions which was about themselves and at the same time, needed a bit of thinking too. After this, they were introduced to EQ, their understanding of it was assessed. A very touching story made most of them emotional. To sensitize them on emotional intelligence, it was attempted to stir up the participants from within.

The expert made them emotional through motivational stories and insisted them to be motivated with a sense of responsibility. At the same time they were told about POCSO Act and its salient features. Their support in reaching out the knowledge on POCSO to the participants, was a great boost to the team of experts.

The students were then questioned on POCSO and also engaged in a session of open house where many questions were asked and the answers given to their satisfaction. The participants were also told in detail about the POCSO/E-BOX and how they can write in their complaints.
2.8 **Inaugural Session (24 and 25 August 2017, Raipur)**

The workshop was held during 24 and 25 August at New Circuit House, Raipur. A total number of six hundred seventy four (674) participants including other officials have attended the two day workshop. This session was chaired by Shri Yashwantji Jain, Member, NCPCR, Smt. Shatabdi Pandeyji, former Chairperson, Chattisgarh SCPCR, Shri Nandlal Chowdhary, Member Secretary, Chattisgarh SCPCR, Shri O.P. Chaudhary, District Magistrate, Raipur and Shri V.N Vanjara, District Education Officer, Raipur.

Shri Nandlal Chowdhary, spoke on the importance of the good touch and the bad touch and how teachers can use this to help children protect themselves from predators.

Smt. Pandey, lauded the role played by Shri. Yashwant Jain in his previous and present capacity with the respective Commissions and mentioned as to how he has untiringly worked while attempting to protect the children in Chhattisgarh and other parts of the country as well.
Member Shri Yashwantji urged the crowd here too to participate strongly to fight child sexual abuse. Highlighting the very important features of the POCSO Act, he explained with great patience the importance of mandatory reporting under Section 19, of the POCSO Act. He also conveyed that the legislation protects people against false reporting under Sec 22 of the Act.

The DM, Shri Chaudhary, informed about the efforts spearheaded by him in providing many facilities for the upliftment of children which included the opening of libraries, many boarding schools and also very effectively implementing projects in the Naxalite areas too.

2.9 Participants (Day 1)

The workshop at Raipur was attended by teachers from both government as well as private schools. A total number of two hundred eighteen(218) teachers have attended the session.

There was also very active participation and support from the SCPCR and the District Education Department on both these days. The SCPCR representatives also spoke to the participants regarding POCSO and shared their knowledge as well as gave very valuable tips on how to protect children from Sexual Violence.

2.10 Pre Assessment

The participants in this workshop were a little less enthusiastic than what was seen in the other district of Chattisgarh.
Questions were thrown open to the participants to assess their knowledge skills on the subjects of POCSO and Emotional Intelligence. Many of the them wished to know the procedure for reporting an incident of such abuse/violence.

2.11 Workshop Session

Initially, the session was not very interactive and a lot of effort needed to be put in by the expert to get the participants to become more interactive. To get their attention, the session began with a short story. They connected with the subject and moved many of the participants to tears. The session on EQ continued till it reached a point where the participants were asked to talk about responsibility. This interactive session helped in the participants putting their hands up in unison and promising to accept and take full responsibility for all their actions and doings. After this POCSO was introduced to them. It was a very interactive session. The participants have asked questions on POCSO Act and the team of experts answered all of them. They were also explained about POCSO/E-BOX and the child helpline number, 1098.

Shri Nandlal Chaudhary has also addressed the participants and informed them on various initiatives of the SCPCR.

2.12 Participants (Day 2)
The workshop was attended by students of 11th and 12th standard. A total number of three hundred and sixty six (366) children from government and private schools including boys and girls have participated in the workshop. There was also participation on this day from a few Madarsas, where the students as well as the religious teachers too very actively participated.

2.13 Pre-Assessment

The students here showed good enthusiasm and were very upbeat about the workshop. It was observed that most of them were unaware of the POCSO Act whereas they were very keen to understand about it.

2.14 Workshop session

The student’s workshop session began with a short story that everyone would easily follow and enjoy. Since the age group of the children in this session was mixed, it was mandatory for the expert and the entire team to quickly work out a strategy to communicate with them to ensure that the session ended on a successful note.

The session began at a much slower pace than usual as it was important to take regular feedback from the participants to understand if
everyone were able to follow about the concept of the workshop.

EQ was introduced more through stories and then asking the participants about the moral of the stories. This was a very interactive session and there was huge participation from the students of the Madarsas as well. The teachers too very actively participated in several discussions, including POCSO and POCSO/E-BOX. Motivation was used in every possible way through different stories and activities to get all the participants energised and feel positive and responsible. POCSO was then very well received and many questions were asked by the students.

The students were enthusiastic during the activities of the workshop, they asked many of their doubts and gained a maximum information on POCSO E–Box and procedures of reporting.

It was conveyed that POCSO act has child friendly procedures and reporting of any sexual violence is mandatory under the Act.
All participants were asked to fill a feedback form at the end of the workshop. The feedback form consisted of questions where the participants were given the opportunity to clearly express their views regarding the workshop. The below statistics show the results/outcome of the workshops and will give all a very good idea on its overall effectiveness.

### 3.1 Response of a total 293 teachers for the workshop held in Durg

![Fig 1 Teacher's response on usefulness of the Workshop in Durg](image)

**Fig 1** illustrates that 97.5 per cent of the teachers responded that the workshop was very useful to them as a teacher, 93.75 per cent of the teachers responded that it has helped them to understand children better. The number of teachers who felt the workshop in both aspects to be somewhat useful is very less and none of them responded that it was not useful at all.
Fig 2 illustrates that 100 per cent of the teachers responded that the workshop enhanced their knowledge on the salient features of the POCSO Act and a majority 99.4 per cent of them also felt that such workshops should also be conducted on a regular basis.

3.2 Response of a total 286 students for the workshop held in Durg

Fig 3 shows that 90.8 per cent of the students responded by saying that the workshop was very useful to them as a student, whereas 8.9 per cent of the students who felt it to be somewhat useful. Very few of them responded that it was not useful.
Fig 4 reveals that 100 per cent of students have responded that it has enhanced their knowledge on the salient features of the POCSO Act. A majority of 99.7 per cent said that the workshop has changed their thought process; the percentage of students who felt that such workshops were needed on a regular basis was again a very positive 99.4 per cent.

Fig 5 Rating of participants for the workshop:
- Excellent: 63.0%
- Very good: 30.5%
- Good: 5.8%
- Average: 0.7%
Fig 5 shows that a good number of 63 per cent, have rated this workshop to be Excellent. Also, 30.5 per cent of the students felt it was very good while a very small portion of the students at 5.8 per cent rated it as good. It was a very tiny percentage of students at 0.7 per cent, who felt it to be average.

3.3 Response of a total 218 teachers for the workshop held in Raipur

Fig 6 reveals that astounding 99.2 per cent felt that the workshop was very useful in enhancing their skills on the salient features of the POCSO Act, while a huge 97.5 per cent of them felt that the workshop was very useful in understanding the issues of children. It was a very small and negligible portion of the teachers representing just 0.8% and 2.5% of the above in terms of usefulness, who found it somewhat useful.
Fig 7 shows that the entire 100 per cent of the teachers, felt that this workshop has enhanced their knowledge on the salient features of the POCSO Act and that such workshops should be conducted on a regular basis.

3.4 Response of total 366 students for the workshop held in Raipur

Fig 8 illustrates that 92.6 per cent of the students felt that the workshop was very useful to them as students, it was just a small section of them at 5.9 percent who felt it to be somewhat useful and just 1.10% of the students felt it to be not useful.
In Fig 9 the effectiveness of the workshop is seen from the above graph which illustrates clearly that while 100 per cent of the students felt that the workshop has helped them to change their thought process and also enhanced their knowledge on the salient features of the POCSO Act, a major percentage of 99.6 per cent of them also felt that it should be conducted on a regular basis.

Fig 10 shows that 51.7 per cent responded it as excellent, 42.4 per cent rated it as very good and only 5.5 per cent rated it as good. On the whole, only 0.4 per cent of the students gave it an average rating.
3.5 Observations

The above statistics are able to provide us with a very clear picture as to how such workshops can impact the minds of people, especially Students and Teachers, who form a very large part of any society and community on the whole.

It was observed during the workshops that-

- All participants by and large felt that this was a great initiative to learn cum enhance their knowledge on the POCSO Act and that they can utilize these learnings to safeguard children and spread awareness too.
- The willingness to participate and learn through such workshops was very high.
- This method or way of spreading awareness to both, teachers as well as the students is reliable and easily accepted.
- These kind of workshops opens up areas for positive discussions along with the learning sessions for the participants.
- These kind of workshops is a great tool to enhance the social and emotional skills of teachers to help them elevate themselves as teachers and as human beings too.
- The participants very strongly feel that regular workshops of this kind will certainly help them to become more responsible in life as well as gain knowledge on topics that they are introduced to.
- It has also been observed through the written feedback received from the participants that such workshops must be conducted in all schools across each state and that it is a great way of spreading awareness on POCSO and also in making them more socially and morally responsible.
3.6 Recommendations

After reading through the data which was obtained on the basis of a workshop post assessment form, written and submitted by every single participant at the end of their respective workshops, it is heartening to see that the outcome was hugely positive, encouraging and a very good learning experience for the team of NCPCR and experts of BuddhiWorld too.

Based on the overwhelming positive feedback received from the participants, the following recommendations can make a topic of serious discussion in the future, to make way for more such programmes in various other parts of the country.

Major recommendations are,

- Such workshops should be a part of the curriculum in schools as this will certainly help both students and teachers to evolve as better human beings.
- These workshops be made a continuous process and not yearly once. Such workshops like these should be held at least once a month to ensure the efficiency of the purpose created.
- With the written feedback received from School Teachers/Educationists/Principals, it is very clear that such workshops should be conducted all over the country and not be limited to just a few states and the same has been emphasised by many as their feedback.
- Since this learning experience has been rated very highly by most of the participants, it is a clear indicator that these workshops have been successful in terms of the purpose they were meant to achieve and therefore this method of combining Emotional Quotient to
make people of the society responsible to achieve such purposes like spreading awareness of the POCSO Act, can and must be continued in future.

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Feed Back of Students

6. Your overall feedback on today’s workshop

Excellent  Very good  Good  Average

6. Your overall feedback on today’s workshop

Workshop on child rights, especially of girl child and need of protection. The workshop had a number of activities for all participants to understand the importance of girl child and how to protect the same. I found it very informative and the discussions on the topics were very useful. The workshop helped to raise awareness among the participants about the need to protect the rights of children. I would definitely attend another workshop of this kind.

Yes  No

4. Your new learning from this workshop?

It was very informative and helped to change our thoughts towards teachers. Finally, I understand the need for protecting children's rights.

Yes  No

5. Do you think that such workshops should be conducted on a regular basis?

Yes

6. Your overall feedback on today’s workshop

The overall workshop was very informative and provided new insights into the need for protection of child rights. The presentations and discussions were very interactive and helped to analyze the situations and spread awareness about the child sexual abuse and how to react to such situations. They also helped us in self-development process.

Signature

6. Your overall feedback on today’s workshop

To sum up, this workshop has been very informative and helpful in raising awareness about the need for protection of child rights. I would definitely attend another workshop of this kind.

Signature

6. Your overall feedback on today’s workshop

This workshop was very useful for teachers and parents. We learned about effective teaching strategies and the importance of protecting children's rights.

Signature
Feed Back of Teachers

4. इस कार्यक्रम द्वारा आपके क्षेत्र में कैसा मदद किया गया है?

5. क्या आपको संवाद की सहायता की आवश्यकता है?

6. आप की कार्यक्रम सुधार के लिए कौन से सुझाव दिए?

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वैश्विन्द्र में देश के बाहर के समस्याओं को उल्लिखित नहीं किया गया।

प्रतिविश्वविद्यालयों में रेटिंग व टेस्ट योजनाओं के लिए सहायता की आवश्यकता है।

प्रेम की कार्यक्रम सुधार के लिए कौनसा सुझाव दिया?

हाँ, नहीं।

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4. इस कार्यक्रम में आपने क्यों बना लिखा?

5. क्या आपने केस की रूपरेखा देखी?

6. आप की कार्यक्रम सुधार के लिए कौनसा सुझाव दिया?

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4. इस कार्यक्रम में आपने क्या बना लिखा?

5. क्या आपने केस की रूपरेखा देखी?

6. आप की कार्यक्रम सुधार के लिए कौनसा सुझाव दिया?
6. Your overall feedback on today’s workshop

Such types of workshops should be conducted on a regular basis. Being a teacher and a parent, the workshop guided me to give a healthy atmosphere and emotional support for the healthy development of children, who are the future of our nation.

Signature

6. आज की कार्यक्रम पर आपका समय भक्तिमा।

6. Your overall feedback on today’s workshop

The workshop enhanced, more attractive, and easy to convey to topic on message. A problem with audio visual screen.

Overall feedback on today’s workshop was totally energetic, inspiring, motivational. Thank you to the team of NCPCR.

Signature
Annexure I

Programme Schedule

Day 1

<table>
<thead>
<tr>
<th>Morning Session</th>
<th>For the hundred (100) teachers of at least four Schools</th>
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<tbody>
<tr>
<td>9.30 AM</td>
<td>Felicitation and presentation of bouquets to dignitaries on the dais and lighting of Lamp</td>
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<tr>
<td>9.45 AM</td>
<td>Welcome address by Chairperson SCPCR</td>
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<tr>
<td>10.00 AM</td>
<td>Address by Member, NCPCR</td>
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<tr>
<td>10.15 AM</td>
<td>Speech by DEO/DM</td>
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<tr>
<td>10.30 AM</td>
<td>Brief introduction of the Concept by Shri. Manish Gupta</td>
</tr>
<tr>
<td>10.45 AM</td>
<td>Vote of Thanks</td>
</tr>
<tr>
<td>11.00 AM</td>
<td>Tea break</td>
</tr>
<tr>
<td>11.15 AM</td>
<td>Ice – Breaking Activity</td>
</tr>
<tr>
<td>11.30 PM</td>
<td>Pre assessment / Communication on EQ</td>
</tr>
<tr>
<td>12.45 PM</td>
<td>Information on POCSO / E-Box</td>
</tr>
<tr>
<td>1.00 PM</td>
<td>Feedback</td>
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<table>
<thead>
<tr>
<th>Afternoon Session</th>
<th>For the hundred (100) teachers of at least four Schools</th>
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<tbody>
<tr>
<td>1.30 PM</td>
<td>Brief introduction on Agenda</td>
</tr>
<tr>
<td>1.45 PM</td>
<td>Ice – Breaking Activity</td>
</tr>
<tr>
<td>2.00 PM</td>
<td>Pre assessment / Communication on EQ</td>
</tr>
<tr>
<td>3.15 PM</td>
<td>Tea break</td>
</tr>
<tr>
<td>3.30 PM</td>
<td>Information on POCSO / E-Box</td>
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<tr>
<td>4.00 PM</td>
<td>Feedback</td>
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Day 2

Students of 11\textsuperscript{th} and 12\textsuperscript{th} standard only

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<th>Morning Session 1</th>
<th>(For the hundred (100) students of at least four Schools)</th>
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<tbody>
<tr>
<td>9.00AM</td>
<td>Brief introduction on Agenda</td>
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<tr>
<td>9.15 AM</td>
<td>Pre assessment / Communication on EQ</td>
</tr>
<tr>
<td>10.15 AM</td>
<td>Information on POCSO / E-Box</td>
</tr>
<tr>
<td>10.30 AM</td>
<td>Feedback</td>
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<table>
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<tr>
<th>Morning Session 2</th>
<th>(For the hundred (100) students of at least four Schools)</th>
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<tbody>
<tr>
<td>11.30 AM</td>
<td>Brief introduction on Agenda</td>
</tr>
<tr>
<td>11.45 AM</td>
<td>Pre assessment / Communication on EQ</td>
</tr>
<tr>
<td>12.45 PM</td>
<td>Information on POCSO / E-Box</td>
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<tr>
<td>1.00 PM</td>
<td>Feedback</td>
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<tr>
<th>Afternoon Session 1</th>
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<tbody>
<tr>
<td>2.00 PM</td>
<td>Brief introduction on Agenda and Pre assessment / Communication on EQ</td>
</tr>
<tr>
<td>3.00 PM</td>
<td>Information on POCSO / E-Box</td>
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<tr>
<td>3.15 PM</td>
<td>Feedback</td>
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Annexure II

Teachers Workshop Evaluation

Name : ............................. Designation: .............................
School Name: ............................. Date: .............................

1. The workshop was useful for me as a teacher / educator.
   Very Useful  Somewhat useful  Not useful

2. The workshop was useful in understanding the issues of children.
   Very Useful  Somewhat useful  Not useful

3. Has it enhanced your knowledge on salient features of POCSO Act.
   Yes  No

4. Your new learnings from this workshop?
   ........................................................................................................

5. Do you think that such workshops should be conducted on a regular basis?
   Yes  No

6. Your overall feedback on today’s workshop
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   ........................................................................................................
   ........................................................................................................
   ........................................................................................................

Signature
Student Workshop Evaluation

Name: ………………..  Date: ………………..

School Name: ………………………..

1. The workshop was useful for me as a student.
   Very Useful    Somewhat useful    Not useful

2. Has the workshop changed your thought process in anyway?
   Yes            No

3. Do you think regular workshop of this kind will help you in self realization?
   Yes            No

4. Has it enhanced your knowledge on salient features of POCSO Act.
   Yes            No

5. How will you rate this workshop?
   Excellent    Very good    Good Average

6. Your overall feedback on today’s workshop

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Signature
Media Reports